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## UPSC CMS 2023 Syllabus for Paper-I

#### Syllabus of General Medicine

The syllabus of General Medicine consists of the following topics:

- Cardiology
- Respiratory diseases
- Gastro-intestinal
- Genito-Urinary
- Neurology
- Haematology
- Endocrinology
- Metabolic disorders
- Infections/Communicable Diseases
  - Virus
  - Rickets
  - Bacterial
  - $\circ$  Spirochetal
  - Protozoan
  - Metazoan
  - Fungus
- Nutrition/Growth
- Diseases of the skin (Dermatology)
- Musculoskeletal System
- Psychiatry
- General
- Emergency Medicine
- Common Poisoning
- Snakebite
- Tropical Medicine
- Critical Care Medicine
- Emphasis on medical procedures
- Patho physiological basis of diseases
- Vaccines preventable diseases and Non-vaccines preventable diseases
- Vitamin deficiency diseases

 In psychiatry consists – Depression, psychosis, anxiety, bipolar diseases, and Schizophrenia.

#### **Syllabus of Paediatrics**

The syllabus of Paediatrics consists of the following topics:

- Common childhood emergencies,
- Basic newborn care,
- Normal developmental milestones,
- Accidents and poisonings in children,
- Birth defects and counselling including autism,
- Immunization in children,
- Recognizing children with special needs and management, and
- National programs related to child health

### UPSC CMS 2023 Syllabus For Paper-II

Торіс	Number of Questions
Surgery	40
Gynaecology & Obstetrics	40
Preventive & Social Medicine	40
Total	120

#### Syllabus of Surgery

The surgery syllabus includes the following topics:

- Wounds
- Infections
- Tumours
- Lymphatic
- Blood vessels
- Cysts/sinuses
- Head and neck
- Breast

- Alimentary tract
  - Oesophagus
  - Stomach
  - Intestines
  - Anus
  - Developmental
- Liver, Bile, Pancreas
- Spleen
- Peritoneum
- Abdominal wall
- Abdominal injuries
- Urological Surgery
- Neuro Surgery
- Otorhinolaryngology E.N.T.
- Thoracic surgery
- Orthopaedic surgery
- Ophthalmology
- Anesthesiology
- Traumatology
- Diagnosis and management of common surgical ailments
- Pre-operative and post-operative care of surgical patients
- Medicolegal and ethical issues of surgery
- Wound healing
- Fluid and electrolyte management in surgery
- Shock patho-physiology and management.

#### **Syllabus of Obstetrics**

The Obstetrics syllabus includes the following topics:

- Ante-natal conditions
- Intra-natal conditions
- Post-natal conditions
- Management of normal labors or complicated labor

#### Syllabus of Gynaecology

The Gynaecology syllabus includes the following topics:

- Questions on applied anatomy
- Questions on applied physiology of menstruation and fertilization
- Questions on infections in the genital tract
- Questions on neoplasma in the genital tract
- Questions on the displacement of the uterus
- Normal delivery and safe delivery practices
- High-risk pregnancy and management

- Abortions
- Intra-Uterine growth retardation
- Medicolegal examination in obgy and Gynae including Rape.

#### Syllabus of Family Planning

The Family Planning syllabus includes the following topics:

- Conventional contraceptives
- U.D. and oral pills
- The operative procedure, sterilization, and organization of programs in the urban and rural surroundings
- Medical Termination of Pregnancy

#### Syllabus of Preventive Social and Community Medicine

The syllabus of Preventive Social and Community Medicine includes the following topics:

- Social and Community Medicine
- Concept of Health, Disease and Preventive Medicine
- Health Administration and Planning
- General Epidemiology
- Demography and Health Statistics
- Communicable Diseases
- Environmental Health
- Nutrition and Health
- Non-communicable diseases
- Occupational Health
- Genetics and Health
- International Health
- Medical Sociology and Health Education
- Maternal and Child Health
- National Programmes
- Management of common health problems
- Ability to monitor national health programs
- Knowledge of maternal and child wellness
- Ability to recognize, investigate, report, plan and manage community health problems including malnutrition and emergencies